



# ECHO



Rotary EClub of CHennai's Ode to Rotary

Monthly Bulletin of Rotary E-Club of Chennai

RID 3232 (Club No. 85282 / Charter Date 25/06/2013)

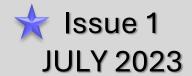


PRESIDENT 23-24 Rtn.Dr.Anuradha.V.Giri Chennai, INDIA

> JULY IS

## NEW LEADERSHIP MONTH

SECRETARY 23-24
Rtn.Albrecht Hartge
Leipzig, GERMANY













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## R.I.President's Message



## Rtn. Gordon R. McInally President 2023-24 July 2023



At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will *Create Hope in the World*.





# Excerpts from Messages of Rotary Leaders 23-24





## Message from R.I.Director Rtn.Anirudha Roy Choudhury

**G**reetings as we embark on another new chapter, a new year, full of opportunities and possibilities. RID 3232 is a District brimming with possibilities. **As we venture into the year ahead, continue to embrace Rotary's spirit of service and harness the power of collaboration**. Try to expand your horizon, think creatively, explore innovative avenues to address the pressing needs of our society.

Work towards membership growth and retention, women empowerment, environmental conservation and protection, mental health awareness and embrace DEI policy of Rotary in your actions and meetings. The Rotary Theme for 23-24 "Create Hope in The World" serves as a powerful call to action, urging us to channel our collective energy and resources towards making a brighter future. Let us inspire others through our actions and work towards a future where HOPE prevails.



## Message from District Governor Rtn.AKS Ravi Raman

Shobhana and I are excited to travel the Rotary year with you all. As the R.I.Presidential theme goes this year, "Create Hope in The World", collective effort will work magic to reach its maximum impact and reach. Anything New will have a few hiccups in the beginning. Mental well-being and DEI are the two main thrust areas, R.I. is asking us to focus on. Membership retention will always be a problem for us but our joint and collaborative efforts will ease out small problems most clubs face.

On behalf of the District Team, we are here to support you as best as we can and, request that communication lines stay open for effective execution.

Let us make this momentous year, one to remember by, and not forget to have fun along the way. We look forward to a year full of smiles and achievements.



# From the Club President's Desk



### Dr.Anuradha.V.Giri President 23-24 Rotary Eclub of Chennai



True to the quote of Mac Anderson, great leadership starts with a willing heart, a positive attitude, and the desire to make the difference. Years back, to me Rotary was a maze, and eventually silently observing the mammoth work done by co Rotarians, and imbibing the good qualities show cased by each one, I was able to embark my journey as a Rotarian, by being a part of the teams in the district and the club and shoulder responsibilities to the best of my ability. Leaders or leadership need not always be from the front end, silently working from behind, making sure things happen is also a leadership quality. The club or the team size really does not matter, when it comes to illustrating leadership, because it is the dimension in which the individual portrays oneself for the betterment of the others.

For those of you who are not aware of how rotary eclubs are different in terms of their functioning process, I would like to throw light on the process.

Rotary Eclub of Chennai on an average has been on a scale of 30 members per annum. Our speaker meets and family fellowship happen on virtual platforms as we have members across the globe from India, USA, Germany, Dubai, Abu Dhabi , Muscat and Singapore. There is no geographical barriers when it comes to doing our service projects.







In a gist, for the year 2023-24, we plan to address all areas of service, starting with **club service** where our priority focus would be on building membership. Two speaker meetings per month, regular board meetings, orientation programmes for new members, and monthly bulletin ECHO will be on the run in the 12 months. DEI will be put into action while we induct members and involve eclub members in all activities.

With the perception of developing a model village, we will be unifying our community service development, vocational service projects and mega medical camps in this village that we have identified near Tiruvallur. Our resources will be channelized to enhance the living status of the people in this village and we plan to also empower women and girl children with professional skills that can help them lend a helping hand to their families. Under Youth service our interactors will be a part of our activities, and the seed to entrepreunial dreams will be sowed through an industrial visit. Our contributions to the Rotary Foundation has always been cherished and we plan on doing the same this year. We plan to do our bit to our Mother Earth be doing a mega plantation drive in collaboration with an NGO from Germany.

Unifying 400 plus EClubs across the globe would be our dream, at least Eclubs in our zone will be brought in together for defining and showcasing our existence to the rest of the Rotary World.

Yours in Rotary Rtn. Anuradha V



Rotary changes us
and those we serve.
I believe we can change the
world one life at a time.
Paul Harris





# From the Club Secretary's Desk



### Rtn. Albrecht Hartge, Leipzig, Germany

Club Secretary, 2023-24 Rotary EClub of Chennai



Dear Rotarian Friends,
A new Rotarian year 2023/24 has started in June for our
Rotary E-Club of Chennai too. A big and hearty welcome to all of you!

The club and board members under the lead of the president are challenged to perform best as Rotarians and to create hope and do good for those and that to be supported. This includes providing interesting and attractive projects in the area of focuses in and outside Chennai. The membership of our club reaching from America and Asia, India as basis in between, expressly invites all of us to grow, act and contribute not only locally but internationally, and everything under the initiatives of RI President Gordon McInally working on peace, mental health and empowering women and girls. These three themes and others will be the subject of the upcoming speaker meetings. Besides we plan to follow various other initiatives like environmental projects such as agroforestry and school gardens.

All readers are invited heartily to contact us and share with us for greater fellowship and service.

Yours in Rotary Rtn. Albrecht Hartge



## Board Meeting On 15 July 2023



**President Anuradha** set the ball rolling for the year 23-24 by organizing the first regular meeting on 15 July 2023. We had our Board Meeting too for an hour attended by 13 members from India, USA, Dubai and Muscat.

Welcome	President Rtn.Anuradha V Giri Chennai, India	E
BOARD TEAM INTRO	Secretary Rtn.Albrecht Hartge Germany	E
Proposed Plan of Action	President Rtn.Anuradha V Giri Chennai, India	6
Secretary's Thought	Rtn.Albrecht Hartge	6
Treasurer Comments	Rtn.DevaPrasad AB	6
Board Members Comments		6
Club Mentor Comments	PDG Raja Seenivasan	E



We had our Board
Meeting too for an
hour, preceding the
regular meet. The
main agenda for the
Board meeting was
presentation of
proposed projects
in all avenues,

President reiterated that the Club meetings would be fortnightly – every second and fourth Saturday. Fellowship online with all members and in-person meetings during the visit of our NRI members. Secretary Albrecht shared his ideas and requested all the Club members to support the President. Trainer Dr Usha Nandhini shared ideas to increase membership. Treasurer PP.Devaprasad presented the budget, discussed on the bank formalities and subscription dues. .

Concluding remarks were given by Club Mentor PDG Raja Seenivasan proudly who acknowledged the Club's successful functioning year after year inspite of the President & Secretary residing in different countries. He motivated every member to contribute their bit to build a much stronger Club.



**Board Members in Discussion** 



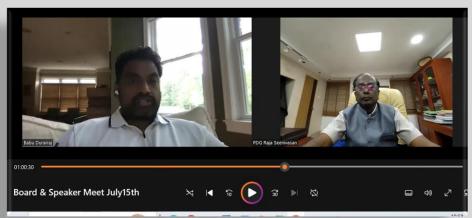
## Speaker Meet 15 July 2023



PDG Raja as the first speaker for the year 23-24 appreciated the outgoing team and wished the new team 23-24. It was a good start, PDG Raja rightly said that every moment in a person's life is filled with hope that motivates us to keep moving forward. Hope is a powerful thing. It inspires us to do the impossible and helps us carry on during difficult times. Incidents from his Rotary Journey



were narrated in depth, creating a hope in every mind to serve in a similar fashion in Rotary.



Introduction f PDG Raja Seenivasan by Immediate Past Club Secretary Rtn.Babu Durairaj from USA



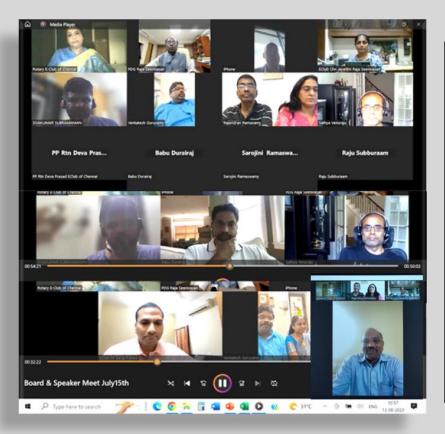


## Speaker Meet 15 July 2023



### Link to Our Chief Guest Address on "Create Hope In The World"

## https://youtu.be/nlFw0\_E474o



Meeting Called to Order	President Rtn.Anuradha V Giri Chennai, India	
Invocation / Prayer	Rtn.Anuradha	
Four Way Test	Rtn.SriLakshmi Rajendran, Dubai	
Thirukural	Rtn.Sivakumar, Chennai,India	
Welcome Speech	President Rtn.Anuradha V Giri Chennai, India	
Chief Guest Intro	Rtn.Babu Durairaj, Boston, USA	
Address by Chief Guest	PDG Raja Seenivasan	
	Q & A	
Wishes & Vote of Thanks	Secretary Rtn.Albrecht Hartge Germany	
Meeting Adjourned	President Rtn.Anuradha V Giri Chennai, India	

Glimpse of our zoom audience

Meeting Agenda

"Hope lies in dreams, in imagination, and in the courage of those who dare to make dreams into reality." – Jonas Salk



ACENDA EOD INSTALLATION







	A FOR INSTALLATION		
SI. No.	Programme	Presenter	
1	Exchange of Pleasantries /	LOG IN	
	Fellowship	(10000000000000000000000000000000000000	
	Announcement (MC)		
2	Meeting To Called Order	Rtn.Lavanya Natarajan	
	Announcement (MC)		
3	Invocation Prayer	Mrs.Chandralekha	
950	Announcement (MC)		
4	Four Way Test	Rtn.Albrecht Hartge	
	Announcement (MC)		
5	Thirukural	Rtn.Jayanthi / Uma	
	Announcement (MC)		
6	Welcome Address	Rtn.Lavanya Natarajan	
	Announcement (MC)		
7	Secretary Report	Rtn.Babu Durairaj	
JAI	Announcement (MC)		
8	Club President Introduction	PDG Raja Seenivasan	
٥	Club Fresident introduction	r DO Naja Seemvasan	
JAI	Announcement (MC)		
		Rtn.Lavanya Natarajan to	
9	Collar Exchange	Rtn.Anuradha V Giri	
		Kiri.Ariuradria v Giri	
JAI	Announcement (MC)		
10	Charter Exchange	Rtn.Babu Durairaj to	
10	Charter exchange	Rtn.Albrecht Hartge	
JAI	Announcement (MC)		
11	Club President's	President Rtn.Anuradha	
11	Acknowledgement Speech	President Ktn.Anuradna	
	Announcement (MC)		
	INTRODUCTION TO BOARD	list will be read out by	
12		list will be read out by	
	MEMBERS	president	
	Announcement (MC)		
	Landard Colored		
13	Introduction of District Governor		
	Elect Rtn.Mahaveer Bothra		
	Address by DGE Rtn.Mahaveer		
14	Bothra	Guest of Honour Address	
	Announcement (MC)		
	Introduction of PDG AKS Dr.Ravi		
15	Vadlamani		
	Address by PDG AKS Dr.Ravi	PDG AKS Dr.Ravi	
16	Vadlamani	Vadlamani	
	Announcement (MC)		
17	Felicitation	PDG Rtn.Raja Seenivasan	
	Announcement (MC)		
		Secretary Rtn.Albrecht	
18	VOTE OF THANKS	Hartge	
	Announcement (MC)	-0-	
	comenc (mo)		
19	MEETING TO BE ADJOURNED	President Rtn.Anuradha	





# President Installation – The Moments











Link to Collar & Charter Exchange

https://youtu.be/5ALV1V3nfvg



Sec. Albrecht gleaming at the Charter



The moment of the Installation function of Team 23-24 happened when Dr.Anuradha.V.Giri was installed as the President for the year 23-24 by her spouse Dr.V.V.Giri. It proved again that Rotary family is the backbone of this magnificent organization running successfully beyond a grand 118 years, seeding peace and nurturing harmony in every nook & corner of the world. Dr.V.V.Giri a star cricketer and a leading Pharma professional lending his best support at all times to Rtn.Anuradha's activities in Rotary. Her entire family from different parts of the world and friends beyond Rotary were present affirming their valuable support for a stupendous year. President's mother Mrs.Saroja rejoiced being present throughout the event as the President sought her loved ones' blessings from above.

Link to President
Acceptance speech
& Board Introduction

https://youtu.be/FSjUdI3Wquk



## RECC BOARD TEAM 23-24







Club Mentor (P)DG Raja Seenivasan

President Rtn.Dr.Anuradha V Giri Ph.D Chennai, India





Imm. Past President Rtn.Lavanya Natarajan Chennai, India

Secretary Rtn.Albrecht Hartge Germany





Imm. Past Secretary Rtn.Babu Durairaj Boston,USA

Treasurer Rtn.Deva Prasad AB Chennai, India





Club Trainer Rtn.Dr.Usha Nandini Ph.D Chennai, India



## RECC BOARD TEAM 23-24



Director Club Service Rtn.Sathyamurthy Venuraju Texas, USA



Chair Foundation Rtn.Babu Durairaj Boston, USA



Director Vocational Service Rtn.Sravan Balamurugan Chennai, India



Chair Membership Rtn.Sivakumar S Chennai, India



Director Community Service Development Rtn.Srinivasan Devarajan Chennai, India



Chair Public Image Rtn.Karthik R Sandilya Dubai



Director Community Service Health Rtn.Dr.Karthik Mathivanan Chennai, India



Chair Environment Rtn.Chandramohan G Muscat



Director International Service Rtn.Venkatesh Gurusamy Pittsburgh, USA



Chair Women Empowerment Rtn.Sarojini Ramaswamy Pittsburg,USA



Director Youth Service & Bulletin Editor













# GUEST OF HONOUR DGE Mahaveer Bothra RID 3233

https://youtu.be/ KNtk1Qqc7SE

The Guest of Honour, DGE AKS Mahaveer Bothra, District 3232 expressed his appreciation for the excellent work done by Rotary EClub of Chennai in 2022-23 under the leadership of Pres.Lavanya Natarajan and Sec.Babu Durairaj. DGE said that he was amazed to see an EClub excel in it's activities when he witnessed Rotary Eclub of Chennai receive a galore of awards at the Awards ceremony. DGE Bothra congratulated President Dr.Anuradha.V.Giri, Sec.Albrecht Hartge and Team 23-24 for a stupendous year. DGE also specially applauded Pres.Anuradha's highly successful stint in the District, as Assistant Governor in 22-23 and many other positions through the years, empowering every role assigned to her by her

commitment and efforts.

DGE Bothra motivated the
Club to increase the
membership and to perform
greater service to the
society to Create Hope in
the World.

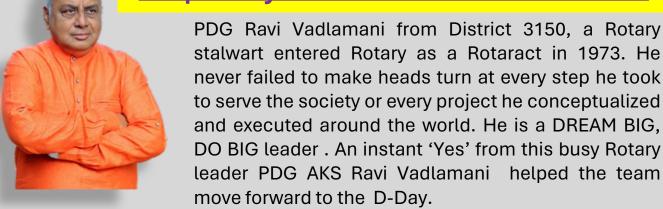


#### **CHIEF GUEST**

PDG AKS Dr.Ravi Vadlamani RID 3150

## Think Big, Dream Big, Do Big & Deliver Big

## https://youtu.be/JX1oR0o7Cdl



PDG Ravi's speech elaborated on how Rotary can create Hope in today's circumstances and expressed his love for youth service. He appreciated Rotarians' services around the world during the pandemic especially through digital contacts and zoom meetings which has been our way of meeting for more than a decade.

Excerpts from PDG Ravi's scintillating talk – Enlarge the Club's base to do more to the society. There are many challenges that EClubs face and a few paradoxical views as they have no boundaries. Time has come up with solutions that enable to create hope around us. Bring in more women members touching upon DEI. Our core values remain very strong and the world needs us, pandemic or no pandemic. Appreciating President Anu's idea of Crowd funding for Polio, he gave tips to enhance the idea. Rotary's landscape is undergoing tremendous transformation. Rotary of yesterday is not going to be the same as the Rotary of tomorrow. If Rotary has to remain relevant and continue doing what it did, what it can and what it will in the future, we have to plan moving with the new reality. Projects must happen in large scale. PDG Ravi applauded President Anu and team for the extensive plans and wished the Club all success.





# Installation Meet Special Guests



## **FELICITATIONS BY**



DGN Linda Gebser Dist. 1841, Germany



PDG.Chandra Bob District 3231



PDG Nirmal Raghavan
District 3231





**THANK YOU** 

Friends, Family & E-Clubians
For Your Presence
at the
Installation Meet.



Mrs.Jayashree Bothra DGE Spouse



PDG Raja Seenivasan Club Mentor



Rtn.Nandita pandey Assistant Governor

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#### MOVERS & SHAKERS of the MEET

1. PRAYER

2. FOUR WAY TEST

3. THIRUKKURAL

4. WELCOME ADDRESS

5. SECRETARY REPORT

6. INTRO of PRESIDENT 23-24

7. MASTER of CEREMONIES

8. PROGRAM ORGANISER

9. ONLINE COORDINATION

10. HOSTING DESK

11. ON SCREEN ORCHESTRATION

Mrs.Chandralekha SP

Rtn. Albrecht Hartge, Sec. 23-24

Ann.Uma Venkatesh

Rtn. Lavanya Natarajan, Pres. 22-23

Rtn Babu Durairaj, Pres.22-23

PDG V.Raja Seenivasan

Rtn PP. Jayanthi Raja Seenivasan

Rtn.Dr.Anuradha.V.Giri, Pres.23-24

Rtn Shivakumar

Rtn.PP.A.B.Devaprasad

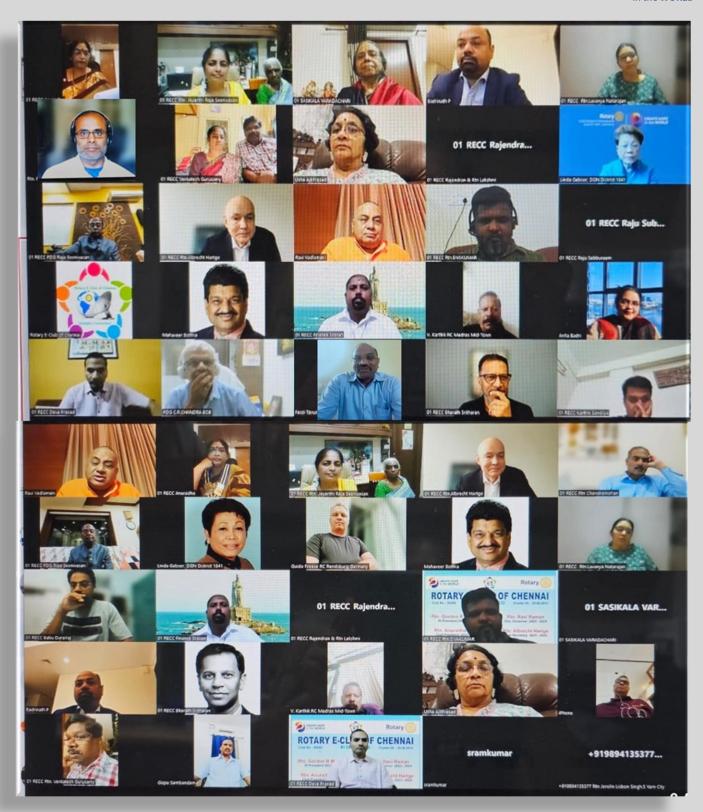
Rtn.PP.Jayanthi Raja Seenivasan







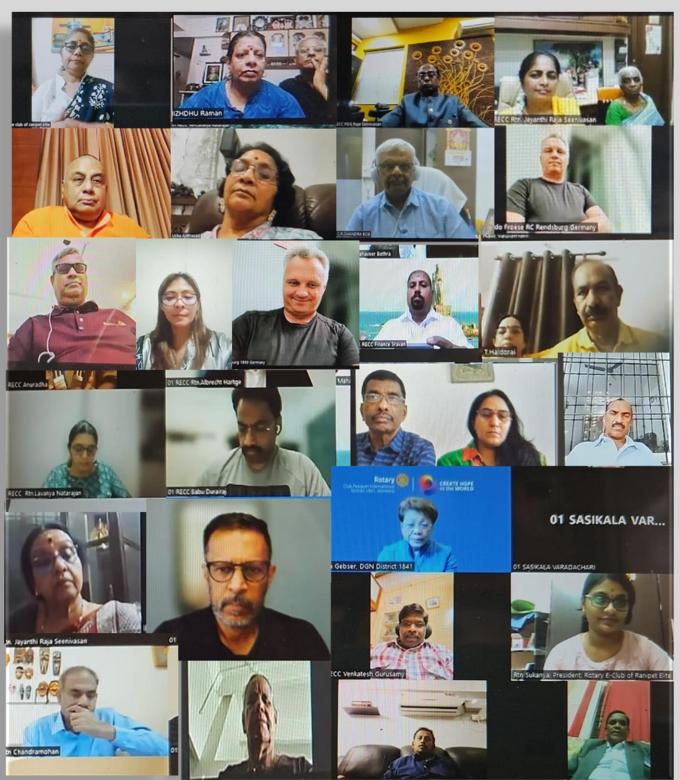








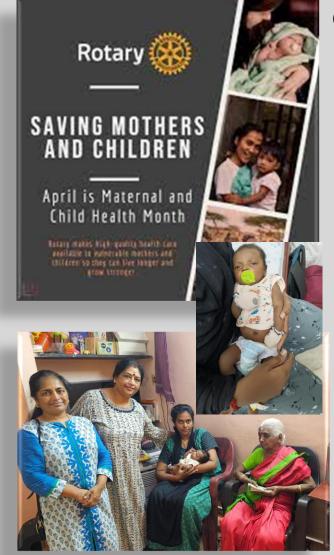






## Creating Hope – Club In Action





#### **E-Clubians Contributions**

E Glabiano Gontinbatione				
Anuradha	2500			
Lakshmi Rajendran	2500			
Srinivasan	2500			
Karthik Sandilya	3000			
Albrecht	5000			
Jayanthi Raja	5000			
Lavanya Natarajan	2000			
Babu Durairaj	2500			
	Lakshmi Rajendran Srinivasan Karthik Sandilya Albrecht Jayanthi Raja Lavanya Natarajan			

#### Caring Hearts for a Baby Heart

Rotary E-Clubians jumped into action overnight and contributed instantly towards supporting a 42 days old baby girl who had recently undergone a complex open heart surgery on 18th July. Such is the power of Rotary. behalf of our club On members Rtn. Jayanthi Raja Seenivasan and President Rtn.Anuradha along with their mom visited the baby's home and handed over the contribution of Rs.47000 (Peace Presidents Alumni Rs.20000, AG 22-23 Rtn.Prashanth Rs.2000 and E-Clubians Rs.25000 ) to the parents along with all our prayers for the child's speedy recovery.

We have also promised to support the parents in future to the best of our abilities.



### Support to the Specially Challenged

We were part of Able Aura's event on 16th July which had speakers with disabilities talking about their life story, love, success, innovation and idea, giving us an idea how we can be a part of making the future Able Aura Foundation inclusive. enables and underprivileged persons with special challenges in whatever they need, want or hope for. Able Aura is the very first exclusive digital platform for persons with disabilities to live as an enabled equal. Thank you Ms. Archana Achuthan for the opportunity to render our little support to this great event. Rtn.Jayanthi Raja Seenivasan contributed Rs.5000 towards supporting conduct the event.































## Feeding the hungry – Annadhanam Community Service Development





We provided food for 1000 needy people in Annanagar, Chennai on 28<sup>th</sup> July.

Rs.10000/towards this was
sponsored
by
Rtn.Jayanthi Raja
Seenivasan.





# RECC member Rtn.Dr.Karthik creates awareness on Hepatitis Basic Education & Literacy



Rtn.Dr.Karthik Mathivanan, a medical stalwart with more than 15 years of experience as a multi-organ transplant surgery specialist, create awareness on liver diseases to commemorate World Hepatitis day on 28<sup>th</sup> July at a meet organized by a Rotaract Club. It was a highly informative and well appreciated meet.







future activities.



## Club Celebration Chimes 🞾

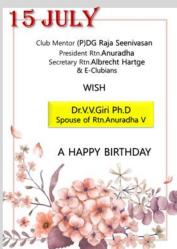






















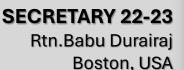
## District Awards 22-23



## Rotary E-Club of Chennai clinches the Bronze



PRESIDENT 22-23 Rtn.Lavanya Natarajan Chennai, INDIA





Rotary E-Club of Chennai was awarded **BRONZE** for overall performance along with a galore of recognitions and awards for the year 2022-23 under the able leadership of President Lavanya Natarajan and Secretary Babu Durairaj ably supported by Charter President Dr.Anuradha.V.Giri, Treasurer PP.Devaprasad AB, Dr.Usha Nandhini, Team 22-23 and every member of this RECC family.



Charter President Anuradha.V.Giri receiving the Bronze Trophy from RI Director Aniruddha Roy Chowdhury & District Governot Dr.Nandakumar, on behalf of President Lavanya Natarajan & Team



President Lavanya Natarajan & Charter President Anuradha.V.Giri



## District Awards 22-23





#### Club Service



#### Community Service Health Development





#### Vocational Service





#### The Rotary Foundation











100%
Every Year
Every
Rotarian
(EREY)
Contribution

#### Youth Service Best Interact School





## District Awards 22-23





Assistant Governor 22-23 Dr.Anuradha.V.Giri applauded for her unstinted efforts to inspire greater activities in her zone (6 Clubs). It was greater joy when Clubs attributed their these excellent performance and awards to AG Anu's committed guidance at all times.







Special Recognitions to our Charter President Dr.Anuradha.V.Giri for her outstanding support to the District.

### Dear friends,

It is with utmost joy I pen this message, all set to enjoy the responsibility assigned as the Editor to take forward the Club monthly bulletin "ECHO" through the next 12 issues.

As I thank Club President Anuradha, Secretary Albrecht, Trainer Usha Nandhini, Mentor PDG Raja Seenivasan and the team 23-24 for this beautiful opportunity, I would like



to reveal a little of all that is in store. Going with the changing times of the sadly dwindling reading habit and the beckoning power of visual communications, we have decided to speak more through pictures rather than just words. As always, our President Anuradha's concept of enclosing the video e-link will be done to enable readers view and listen to the proceedings of every meeting.

The profound Presidential Theme by our R.I.President Gordon.R.McInally, "Create Hope in the World" does stir my cells too to bring out this first issue of ECHO with great hope of instilling greater hope amidst our Eclub of Chennai family to serve, care and share their spirit of service to create greatest hope in the world, of the healing power of Rotary. I will do my best to exceed the expectations of the assigned role.

\*\*Jayanthi Raja Seenivasan - ECHO Editor\*\*



Gordon R. McInally's
Presidential theme for 23-24 is
"Create Hope in the World"
The goal is to restore hope — to
help the world heal from
destructive conflicts and, in
turn, to help us achieve lasting
change for ourselves."



## TRF RECORD SO FAR FROM RECC

Rtn.Devaprasad











Rtn.Gurusamy

